

YOUR PLACE TO CONNECT

Registration Starts Thursday, June 29

SUMMER SPECIALS p. 3 Photo Credit:
"Amber Waves of Grain"
by Jim Provencher,
Adult and Information
Services Coordinator

COURTYARD
CONCERTSERIES
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SUMMER READING @ RFL

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A Message to the Community

Summer is here! Stop in, sign up and participate in *All Together Now*, this year's exciting Summer Reading program for readers of all ages.

In keeping with the *All Together Now theme*, pick up a Suffolk Summer Library Tour booklet at the library. Then, take it with you when you visit any of the participating Suffolk County libraries. Whenever you visit a new library, show your booklet at their Summer Stamp Station and someone will stamp it for you. As you visit other libraries, you'll see new sights, learn fun new library facts and have chances to enter into amazing raffles.

We look forward to seeing you at all of the summer activities, classes and concerts the Riverhead Free Library has to offer. And, don't forget to stop by the library's table at the Riverhead Town's *Alive on 25* event for some family fun. We'd love to see you there!

Have a safe and wonderful summer.

Kerrie McMullen-Smith, Library Director

BOOKS-BY-MAIL

is a free service that delivers large print books and audiobooks on CD through the US Postal Service to homebound eligible RFL cardholders who are unable to visit the library because of a temporary or long-term physical disability. Call (631) 727-3228 ext. 301 for more information. If you qualify, an application

an application
will be
mailed
to you.

With Appreciation:

Thank you to Linda Stepnoski for her monetary donation for a book in memory of Fred Sherman.

Thank you to Tom Stock for his donation of Manorville memorabilia, maps and historic information.

Thank you to Jo Packard for her donation of display easels and sign holders.

long island

DISCOUNTED AQUARIUM TICKETS ARE AVAILABLE FOR SALE AT THE LIBRARY'S CIRCULATION DESK FOR \$27 EACH.

ATTENTION EAST MORICHES, EAST QUOGUE, EASTPORT-SOUTH MANOR, REMSENBURG AND SPEONK SCHOOL DISTRICT PATRONS:

Each year on July 1, residents of these school districts may choose the Riverhead Free Library as their home library.

Get your RFL card by presenting a photo ID or other proof of residency with current name and address (postmarked mail, current utility bill, auto registration or insurance card, or lease, deed, tax bill or mortgage statement).

*All household members must be members of the same home library.

CURBSIDE SERVICE AT RFL

Curbside service continues. If you would like Library staff to bring holds to your car, it's easy to organize. Once you have received notice that your holds are ready for pick up, you can make a reservation by calling 631-727-3228 ext. 305 or 135. When you arrive, park in one of our marked curbside spots. Then, call to let us know you are here. We'll be right out.



Courtyard CONCERT SERIES BRING A LAWN CHAIR AND ENJOY THE MUSIC!



Damaged Goods Saturday, July 8 • 5:30-7:00pm



Flashback Saturday, July 15 • 5:30-7:00pm



Bobby Aye Saturday, August 12 • 5:30-7:00pm



Liverpool ShuffleSaturday, August 19 • 5:30-7:00pm



The Lighter Side Saturday, September 9 5:30-7:00pm



East End Trio
Friday, September 15 • 5:30-6:30pm

SUMMER SPECIALS



The BenAnna Band Wednesday, July 12 2:00-3:00pm



Jester JimWednesday, July 19
6:00-7:00pm



Petra Puppets Wednesday, July 26 6:00-7:00pm



Sweetbriar Nature Center Presents: Exploring Our Planet *Thursday, July 27* • 6:00-7:00pm



StoryFaces Show: Coyote Makes Some Friends Wednesday, August 2 6:00-7:00pm



The Great and Powerful Dave
Magic Show
Thursday, August 3
6:00-7:00pm



Nick the Balloonatic Thursday, August 10 6:00-7:00pm

Unless otherwise noted, all classes for children from birth through Pre-K are intended for parents and children together. Classes for children in grades K-6 are intended for children on their own. Please adhere to all posted age/grade requirements for programs or registration will not be valid.



SUMMER READING CHALLENGE

Saturday, June 10-Friday, August 11

Children from birth to finishing grade 12 may register in person or online. Readers will have the opportunity to earn virtual raffle tickets by joining one of the reading clubs.

JULY

INFANT, TODDLER AND PRESCHOOL WITH A PARENT/CAREGIVER -

Captain America Superhero Training Saturday, July 1 • 11:00-11:45am

For Ages 3-7 years. Join Captain America for superhero training and learn what it takes to be a hero!

Bouncing Babies

Friday, July 7, 14, 21 • 10:00-10:30am
For ages Birth-12 months. A special time to bond with your little one through stories, song, and movement. Eastern Suffolk Boces will also be here to share information and sign patrons up for their free book program.

Fun With Bubbles

Monday, July 10 • 11:00-11:45am

Join us out in the courtyard for some bubble and water play. Dress for a mess and bring a towel.

All in This Together

Tuesday, July 11 • 11:00-11:30am

For ages 3-5 years. Join us for a storytime filled with fingerplays, stories, and songs.

Spanish Storytime

Tuesday, July 18 • 11:00-11:30am
For birth-2 years. Come hear spanish stories, sing songs, and meet new friends! For babies, toddlers, and their caregivers.

¡Ven a escuchar cuentos en español, cantar canciones y conocer nuevos amigos! Para bebés, niños pequeños y sus cuidadores.

Bilingual Storytime

Tuesday, July 25 • 11:00-11:30am

For ages 2-5 years. Listen and create in this fun storytime in English and Spanish. Speakers of all languages are welcome!

Acompáñanos para manualidades divertidas, cuentos y canciones en inglés y español. ¡Los hablantes de todos los idiomas son bienvenidos!

Toddlers Tango

Friday, July 28 • 10:00-10:45am

For ages 12-36 months. Clap your hands, stomp your feet and move to the beat in this interactive music and movement class.

SCHOOL AGE INDEPENDENT PROGRAMS FOR GRADES K-6

Book Buddies

Wednesday, July 5 • 5:30-6:30pm

(Grades K-3)

Book Buddies pairs teen volunteers (Big Buddies) with children in grades K-3 (Little Buddies) to assist young students who may be struggling with reading. Book Buddies allows young readers to practice reading out loud and provides support and encouragement to help build reading comprehension skills.

Crime Lab

Monday, July 10 • 12:00-1:00pm (Grades K-3)

Working in teams, participants investigate a crime scene using techniques of fingerprinting, chromatography and various clues. The goal is to solve the crime of the missing Madagascar hissing roaches.

Garden Crafters

Wednesdays, July 12, 26 1:00-1:45pm (Grades K-6) Come enjoy outdoor activities while exploring our edible garden.

Cupcake Wars

Thursday, July 13 • 3:30-4:30pm (Grades K-6)

Spin the wheel and create 2 cupcakes following the theme you landed on.

Shark Week Pops

Wednesday, July 19 • 3:00-3:45pm (Grades K-6)

Let's celebrate Shark Week! Come on in and make your very own Shark Oreo Pops.

Wild About Llamas

Friday, July 21 • 1:00-2:00pm

(Grades 1-6) Meet and learn more about this gentle, intelligent and extremely useful animal, like what jobs they have and what you call a baby llama.

LEGO Club

Tuesday, July 25 • 5:30-6:30pm (Grades K-4) Get your brick on! Build your own creations or build as a team!

Dry Erase Board Games

Wednesday, July 26 ● 5:30-6:30pm Learn all about our Cricut and make your own board game to take home.

Balloon Splatter Paint

Friday, July 28 • 2:00-3:00pm (Grades K-3) Come in and create your own artwork with balloons. Dress for a mess.

INFANT, TODDLER AND PRESCHOOL WITH A PARENT/CAREGIVER _

Mother Goose

Friday, August 4, 11, 18 • 10:00-10:30am Enjoy classic Mother Goose rhymes, songs, and a short story.

Bubble Bonanza

Monday, August 7 • 11:00-11:45am Join us out in the courtyard for some bubble and water play. Dress for a mess and bring a towel.

Dance With Me

Thursday, August 10 • 11:30am-12:15pm For ages 12-36 months. Join Great South Bay Dance for creative movement, dance, and activities!

Let's Dance

Thursday, August 10 • 12:30-12:45pm For ages 3-5 years. Join Great South Bay Dance for creative movement, dance, and activities!

Bilingual Storytime

Thursday, August 24 11:00-11:30am

Toddlers Tango

Friday, August 25 10:00-10:45am

SCHOOL AGE INDEPENDENT PROGRAMS FOR GRADES K-6

Pet Pals

Tuesday, August 1 • 2:00-3:00pm (Grades K-5)

Explore the many small pets you can have in your home or classroom, such as rabbits, guinea pigs, hamsters, gerbils and mice. Every animal has different needs and characteristics and we will investigate all aspects of pets, from what they like to eat to where they like to live. Included is a visit from some of our "pet pals" for a fun handson experience.

Garden Crafters

Wednesdays, August 9, 23 • 1:00-1:45pm (Grades K-6)

Book Buddies

Wednesday, August 9 • 5:30-6:30pm (Grades K-3)

LEGO Club

Tuesdays, August 15, 29 • 5:30-6:30pm (Grades K-4)

Mini Golf at the Library

Wednesday, August 16 2:00-3:00pm (Grades K-6) Get ready for a "Hole" lot of fun at the library!

JULY/AUGUST

DROP-IN CLASSES

Free for the day?

Head to the library for one of these classes!

Parachute Play

Saturday, July 1 & August 5 • 10:30am-12:30pm For ages 18 months-4 years. Enjoy songs, dances, and games around our parachute.

Fourth of July Crafternoon

Monday, July 3 • 10:00am-1:00pm

For Pre-K to Grade 6. Drop-In and create patriotic themed crafts. While supplies last.

Maker Monday

Monday, July 10, 24 & August 14, 28 • 2:30-4:30pm Drop in and create using our Cricut.

Construction Zone

Monday, July 17

10:00-10:45am or 2:00-2:45pm

For ages 3-5 years. Build with all different kinds of blocks.

FOR PARENTS

Saturday Playdate

Saturday, July 8 & August 19 10:00-10:45am

(For parents and their children 12-23 months) 11:00-11:45am

(For parents and their children 24-35 months) Get to know other families in your neighborhood and discuss parenting topics as your baby enjoys free play.

Wednesdays, July 5, 12, 19 & August 9, 16, 23 • 11:00-11:30am For ages 18 months-4 years. Clap your hands and stomp your feet in this interactive storytime. Perfect for younger and older siblings. Eastern Suffolk Boces will also be here to share information and sign patrons up for their free book program.

FOR FAMILIES One registration per family

Family BINGO

Tuesday, July 11 • 6:30-7:30pm For Families with Children in grades K-6. Play BINGO and win prizes.

Happy Birthday Harry!

Family Romp and Rhyme

Monday, July 31 & Tuesday, August 1 • 11:00am-7:00pm Come celebrate Harry Potter's birthday in this two day celebration. Watch all eight movies, create buttons, and learn how to code with our Harry Potter Coding Wand!

National Dog Month

Monday, August 7 • 3:30-4:30pm

Come celebrate national dog month! Make your own dog with swiss rolls!

Family Feud: Disney Edition

Tuesday, August 8 • 6:30-7:30pm

For All Ages. Survey says...Join us for a fun filled evening of all things Disney!

Glow Crazy

Friday, August 18 • 6:00-7:30pm

Let's celebrate the end of summer dressed in your brightest neon colors and glow crazy on the dance floor! Join us for a family friendly dance with glow-in-the-dark activities and pizza!

TWEEN SCENE INDEPENDENT PROGRAMS FOR GRADES 4-7

Fourth of July Candle Votives

Monday, July 3 • 12:00-1:00pm Celebrate Independence Day with us by designing your own Fourth of July themed votive!

Slimegeddon

Monday, July 3 • 6:00-7:30pm Get ready for the ultimate slimy showdown! The aim of the game is to survive as long as possible without getting slimed.

Sharpie Dye Scrunchies

Wednesday, July 12 • 3:00-4:00pm Create unique and fun scrunchie designs using sharpies!

STEAM Club

Monday, July 17 • 5:30-6:30pm

Join us as we create, learn, and explore through science, technology, engineering, art and math!

Crime Scene Investigators

Tuesday, July 18 • 2:00-3:00pm (Grades 4-8) Search the scene for clues, analyze your findings, and interpret the evidence to identify a suspect.

DIY Squishies

Friday, July 21 • 3:00-4:00pm Design your very own squishie masterpiece!

Water Wars: Alka Seltzer Tag

Friday, August 4 • 12:00-1:00pm Cool off from the summer heat with water soakers and water balloons! The last one standing with their Alka Seltzer necklace wins!

My Intent Stamp Press

Wednesday, August 23
12:00-1:00pm OR 2:00-3:00pm
What word inspires or defines you?
Stamp your word and create your very own inspirational jewelry or keychain!

TWEENS/TEENS CRAFTY DROP-IN _

Washer Necklaces

Monday, July 3-Saturday, July 8

Kindness Buttons

Monday, July 10-Saturday, July 15 Use our button maker and create your own buttons in the Teen Loft.

Friendship Pins

Monday, July 17-Saturday, July 22
Tweens and Teens are welcome to come down and craft with duct tape in the Teen Loft.

DIY Magnets

Monday, August 7-Saturday, August 12 Create your own magnets.

Cricut Stickers

Monday, August 14-Saturday, August 19 Learn how to use the Cricut and create your own stickers to take home.

Teen Author Talk with Jahnarr Evans Tuesday, August 1 3:30-4:30pm Come join Riverhead High School student and local author Jahnarr Evans



to hear about his book *Khuno's Tears*. Copies of the book will be available for purchase and signing.

TEEN LOFT GRADES 6-12 Teens attended these programs by themselves.

Tabletop Thursdays

Thursday, July 6 • 5:30-7:00pm
Live action role playing tabletop
games for those who love Dungeons
and Dragons. From Fantasy to
Mystery games.

Teen Discord

Monday-Thursday, July 10-27 11:00am-7:00pm

Drop in to our Discord server to game or just chat with one another. Scan the QR code to fill out a Teen Discord application in order to be added to our Discord server, which will allow you to join the program.

Maker Monday

Monday, July 10, 24 • 6:30-7:30pm Stop in and create using our Cricut.

Twitch Tuesdays

Tuesdays, July 11, 18, 25 12:00-1:30pm

Twitch Channel: twitch tv/teenloftatrfl Watch and chat as our Librarians Ashley and Tom play various games on Twitch!

Comic Collage Clock

Tuesday, July 11 • 2:30-3:30pm
Make your very own wall clock out of collaged comic books.

Escape the Library: Stranger Things Edition

Thursday, July 13 • 5:00-6:00pm
As a member of the Hawkins MS AV club, you are distraught to hear that your friend Will has gone missing. Can you decipher his messages, and get him back to the portal before it closes for good?

Teen Loft Unplugged

Fridays, July 14, 28 • 1:00-2:00pm

Tired of staring at a screen all day? Join us in the teen loft for a little break from technology. Games, coloring books, and snacks will be provided.

Virtual Reality Gaming

Thursday, July 20 • 5:00-6:00pm Live in your own gaming adventure with the VR headset.

Teen Discord

Monday-Thursday, July 31-August 31 11:00am-7:00pm

Twitch Tuesdays

Tuesdays, August 1, 8, 15, 22, 29 12:00-1:30pm

Monster Chess

Thursday, August 3 • 2:00-3:00pm Get crafty in the teen loft and make your own monster game pieces. Then after you're done, it's time to play a few rounds!

Tabletop Thursdays

Thursday, August 3, 17 • 5:30-7:00pm

Crafternoon

Friday, August 4 • 1:00-2:00pm
Tired of staring at a screen all day?
Join us in the teen loft for a little break from technology. Games, coloring books, and snacks will be provided.

Augmented Reality Adventure

Thursday, August 10 • 1:00-2:30pm Make your very own adventure using our AR cube!

Maker Monday

Monday, August 14, 28 • 6:30-7:30pm

Oreo Taste Test Challenge Wednesday, August 2 1:00-2:00pm

Participate in a blind taste test challenge by sampling a variety of Oreo cookie flavors, then vye for the coveted title of "Oreo Cookie Tester Champ" by guessing what the flavors are. The one who gets the most answers correct wins! For a proper "cleansing of the palette" between tastes, milk and water will be supplied. Do you have what it... tastes?

TEEN VOLUNTEER OPPORTUNITIES

Teens attend these programs by themselves.

Book Buddies

Wednesday, July 5 & August 9 5:00-6:30pm (Grades K-3) Volunteer to assist young students who may be struggling with reading. Volunteers will help young readers in reading aloud and provide support and encouragement to help build reading their comprehension skills. Participants will earn 1.5 hours of community service.

Teen Loft Decor Renovation (TLDR)

Thursday, July 6 • 2:00-4:00pm Help beautify our library! Earn two hours of community service decorating windows in the teen loft for the summer. Participants will earn two hours of community service.

Crafts for a Cause-DIY Hand Puppets Wednesday, July 12

5:30-6:30pm Give back to the community by designing hand puppets.

Participants will earn one hour of community service.

TikTok Talk

Wednesday, July 19 12:30-1:30pm

Help librarians Lily and Vivien promote library programs on our TikTok channel.

Participants will earn one hour of community service.

LEGO Buddies

Tuesday, July 25 & August 15, 29 • 5:30-6:30pm Volunteer in our LEGO Club to help littles build their creations. Participants will earn one hour of community service.

There are other ways to give back to your community!
Check out the Teen Services page on our website for more details.

COMMUNITY SERVICES ~ Caring For Our Community

Baby Formula and Diaper Drive *July* 3-28

Assemblywoman Jodi Giglio invites you to donate baby formula and new and unused packages of diapers, Newborn to Size 6. A donation bin will be available for donation collection within the library. If you are in need of these items, please call (631) 727-0204.

Long Island Cares Mobile Food Pantry Thursdays, July 6 & August 3

11:00am-12:00pm

Long Island Cares supplies emergency food, fresh produce and frozen meat the first Thursday of each month. No identification is required to pick up your supply of food. This is a walk-up service only. No Registration Required.

UPCYCLE E-Waste Recycling

Thursday, July 13-Tuesday, July 18
Drop off your used laptops,
smartphones, tablets, PCs, iPads,
iMacs and more. Upcycle is certified
to destroy data and wipe hard drives
safely to help tackle the growing
environmental issue of e-waste.

Veterans Resource Table

Wednesdays, July 19 & August 16 3:00-5:00pm

A Veteran peer mentor from the Joseph P. Dwyer Veterans Peer Support Project will share resources for Veterans and their families.

No registration is required.

Shots for Tots

Wednesdays, July 26 & August 23 11:00am-3:00pm

Childhood vaccinations and COVID vaccinations for all approved ages by the Suffolk County Department of Health. For more details, call the Suffolk County Immunization Action Program at (631) 854-0222.

SNAP Counseling

Thursdays, July 27 & August 24 10:00am-5:00pm

SNAP is a program to assist families to stretch their food budget. To schedule an appointment to see if you qualify, call or email Nutrition Outreach and Education Program Coordinator, Maria Carvajal at (631) 579-7051 or mcarvajal@hwcli.com.

Free to Low Cost Health Insurance

Need Health Insurance? Health & Welfare Council of Long Island's certified bilingual Healthcare Navigators can help you enroll in Medicaid, Child Health Plus and the Essential Plans and apply for a Qualified Health Plan, if eligible, for Special Enrollment. Eligibility based on household size and income. Call to schedule a phone appointment: (516) 505-4426.

FOR SENIORS

How to Reduce the

High Costs of Prescriptions

Monday, July 10 • 11:00am-12:00pm

In this seminar coordinated by the Senior

In this seminar coordinated by the Senior Services of North America, learn how to save money on your prescriptions.

Island Harvest Food Distribution Mondays, July 10 & August 7 9:00-11:00am (While supplies last) Food assistance for Seniors (60 & Older) and Veterans in the Library Parking Lot.

HIICAP Free Insurance Counseling Tuesdays, July 18 & August 15 9:30am-12:00pm

A trained, NYS-certified HIICAP counselor can assist Medicare-eligible persons with information about how the system works, enrollment, benefits and other available health insurance options. HIICAP counselors are not affiliated with any commercial healthcare insurers or providers. To register for a ½ hour one-on-one appointment, call (631) 727-3228 ext. 301.

Suffolk County Office of the Aging - Senior Advocate

Tuesday, July 18 • 10:00am-12:00pm
A representative from Suffolk County Office for the Aging will discuss different benefits and programs available to seniors. The advocate can assist in determining program eligibility, filling out various applications/ forms, and connect seniors with the appropriate services. The advocate will meet with seniors on a one-on-one, walk in basis. No appointment required.



SENIOR SOCIALS

Come out and make new friends. You will be responsible for paying for what you order. Cash is often preferred for tipping and settling the group bill.

Senior Lunch Social

Wednesday, July 12 • 1:00-3:00pm Stonewalls Restaurant, 967 Reeves Avenue, Riverhead

Senior Dinner Social

Wednesday, July 19 • 5:30-7:30pm Sound Avenue Bistro, 3225 Sound Avenue, Riverhead

Senior Lunch Social

Wednesday, August 9 • 1:00-3:00pm Bistro 72, 1830 West Main Street, Riverhead

Senior Dinner Social

Wednesday, August 16 • 5:30-7:30pm Maple Tree Deli BBQ, 820 West Main Street, Riverhead



Call (631) 727-3228 or visit our website at riverheadlibrary.org to register for programs that do not have a fee. Register in-person at the front desk for all programs with a fee. Payment is due at the time of registration. Registration fees are non-refundable unless the program is canceled by the library.

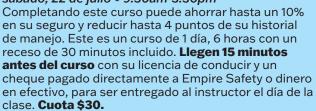
DRIVING



S Defensive Driving Courses

Saturdays, July 8 & August 5 • 9:30am-3:30pm
Mondays, July 24 & August 21 • 9:30am-3:30pm
Completing this course may save up to 10% on your insurance and reduce up to 4 points from your driving record. This is a 1 day, 6-hour course with a 30-minute lunch break included. A snack, beverage, and sweater are recommended. On the day of the class, bring your driver's license and payment to be given to the instructor. Fee \$30. (Payment can be made using cash, check or money order made payable to Empire Safety Council.)

\$ Curso de Manejo Defensivo sábado, 22 de julio • 9:30am-3:30pm



GET TOGETHERS

Writer's Workshop: The Fiction Factory Wednesdays, July 5, 19, 26 & August 16, 23, 30 5:30-7:30pm



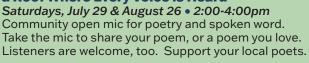
Structures of Sound

Tuesdays, July 11, 25 & August 15, 29 • 5:30-6:30pm
Join Ben to discuss classic albums by the greatest artists of all time, including The Velvet Underground & Nico by The Velvet Underground, The Queen is Dead by The Smiths, OK Computer by Radiohead and An Awesome Wave by Alt-J.

Classic Cinema Fridays with Len Buonanducci Fridays, July 14, 21, 28 & August 11, 18, 25 2:00-4:00pm

Join Len to view movie classics such as Moby Dick, The Fuller Brush Man and the Last of the Mohicans. Then, discuss the movie and the original movie poster Len will bring in for viewing.

Poetry Street: The Room Without a Roof Where Every Voice is Heard



LANGUAGE LEARNING

Conversational Italian & Grammar

Wednesdays, July 5, 12, 19 • 4:00-5:30pm

Join Franco Varuolo each week to learn about Italian culture and to practice Italian conversation and grammar skills.

Conversational Spanish

Thursdays, July 6, 13, 20 • 4:00-5:30pm

Practice conversational Spanish with Jennie Locicero.

Some familiarity with Spanish is helpful.

Intermediate German

Tuesdays, July 11, 18 & August 8, 22 • 9:45-11:00am

An introduction to vocabulary and grammar for beginners.

Some familiarity with German is helpful.

Conversational German

Fridays, July 14, 21 & August 11, 25 10:00-11:15am



zoom

Mark Hobson leads us in conversation to sharpen your vocabulary and improve fluency.

CAREER CENTER

Introduction to Finding Grants Zoom

Tuesday, July 11 • 2:00-3:00pm

Are you new to the field of grantseeking? In this webinar, provided by Candid Learning, you will learn the 10 most important things you need to know about finding grants.

Career Advising

Wednesdays, July 12 & August 9 • 9:00-11:00am Help searching for a job, writing a resume, or preparing for an interview. Career Advisor Lisa Owens is here to help you explore your career options in a ½ hour virtual or in-person appointment.

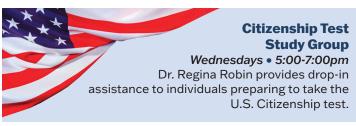
SCORE Free Individualized Business Counseling

Fridays, July 14 & August 11 • 10:00am-1:00pm

Meet with former business executive Ron Breuer for mentoring and advice for small business owners and entrepreneurs. SCORE is a resource partner of the U.S. Small Business Administration (SBA). Call to schedule a ½ hour in-person or virtual appointment 631-727-3228.

Individualized Career Coaching

Wednesdays, July 19 & August 2, 16 • 10:00am-1:00pm Schedule a 30 minute in-person or Zoom appointment with a representative from the Department of Labor who can assist with a job search, resume review, readiness programs, and more.



STAYING HEALTHY

PBMC Health Talks:



Pulmonary and Cardiac Rehabilitation

Thursday, July 6 • 12:00-1:00pm



Learn the latest about PBMC's accredited Pulmonary and Cardiac Rehabilitation programs and the health benefits that each of these comprehensive programs have to offer.

Esophagus and Voice Health

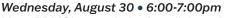
Thursday, August 24 • 12:00-1:00pm



Join a certified Speech Pathologist as they discuss ways to keep your voice and esophagus healthy, and why it is important to your health.

Heart Health





Meet PBMC's new chair of cardiology, Dr. John Kassotis who will tell you everything you need to know to keep your heart healthy.

East End Libraries &





SBSH Present: Endometriosis

Thursday, July 20 • 12:00-1:00pm

Dr. Jennifer M. Blaber will explain causes, risk factors, symptoms, diagnosis and treatment options which can provide relief for many women.

East End Libraries & SBSH Present: Zoom **Healthy Eyes/Healthy Vision**



Thursday, August 17 • 12:00-1:00pm

Dr. Robert Honkanen, will discuss glaucoma, macular degeneration, cataracts, diabetic retinopathy, dry eye and other common eye diseases.

SBSH: Vascular Health



Thursday, July 13 • 6:00-7:00pm

George J. Koullias, MD, PhD, will speak about peripheral artery disease (PAD), Aortic Aneurysms and the stateof-the-art advances in minimally invasive endovascular technology performed by Dr. Koullias at the Audrey and Martin Gruss Heart & Stroke Center at SBSH.

SBSH and Suffolk County Department of Health: Ticks - All You Need To Know



Wednesday, August 23 • 6:00-7:00pm

Entomologist, Dr. Scott Campbell will discuss the medically important tick species on Long Island, their biology, habitat, the pathogens they transmit and the best

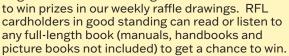
strategies to prevent tick bites in adults and children. All attendees will receive a free tick removal kit and tick disease handbook.



All Together Now: 2023 Adult Summer Reading Raffle

June 17-August 11

Register and read to be eligible



Thanks to the generosity of the Friends of the Riverhead Free Library, weekly raffle drawings will be held every Friday at 12:00pm on July 7, 14, 21, 28 and August 4. The Grand Prize drawing will be held on Friday, August 11.

GETTING FIT

BODY

Virtual Body Sculpting with Claire



Tuesdays & Thursdays

July 6, 25, 27 & August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31 9:00-10:00am

Virtual and In-Person Chair Yoga Zoom with Susan





Thursdays, July 6, 13, 20 & August 3, 10, 17 11:00am-12:00pm

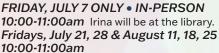


Mat Pilates with Leisa

Mondays, July 10, 17, 24 & August 7, 14, 21 • 10:00-11:00am

Virtual Zumba Gold with Irina









Classes will be conducted virtually, but you may choose to join others, in-person, as we project Irina's classes on the

Tai Chi with Denise

Mondays, July 10, 17, 24 & August 7, 14, 21 • 4:00-5:00pm

Tai Chi for Arthritis II

Tuesdays & Thursdays, July 6, 13, 18, 20, 25, 27 & August 1, 3, 10, 15, 17, 22, 24, 29, 31 • 2:00-3:00pm



Friends

Tai Chi for Arthritis begins on June 20 and continues through August 31.

Wednesday Walking Club

Wednesdays, July 12, 19, 26 & August 2, 9, 16, 23, 30 9:00-11:00am



Get some fresh air and stretch your legs on an approximately 2-mile walk. Register to receive the location each week. Some locations may charge parking fees, for which you will be responsible. Walking shoes, a bottle of water and a sense of adventure suggested.

MIND

Virtual Breathe Together with Charyl



Tuesdays, July 4, 11, 18, 25 & August 1, 8, 15, 22, 29 10:00-10:30am





Mondays, July 10, 17, 24, 31 & August 14, 21, 28 • 7:00-7:30pm Experience a guided energy meditation practice intended to restore balance and inner peace. zoom

Virtual Meditation Classes with Susan Wednesdays, July 26 & August 30 • 7:00-8:00pm



IT'S ALL ABOUT THE BOOKS

Dramatic Readings Discussion Group



Mondays, July 17 & August 21 • 3:00-4:00pm Once a month, read an assigned play then meet to discuss and read selected scenes aloud to add a deeper understanding of the work. God of Carnage by Yasmina Reza will be discussed on July 17.

Book Discussion Wednesday, July 19 6:30-7:30pm zoom The Story of Arthur Truluv by Elizabeth Berg



Thursday, August 31 • 1:00-2:00pm The Matchmaker's Gift by Lynda Cohen Loigman



Meet the Author: Meryl Ain



Thursday, July 20 4:00-5:30pm Join local author Meryl Ain as she discusses and answers questions about her historical fiction novels that follow the lives of twin Jewish sisters who arrive in the US following World War II.



GARDENING AND NATURE

Microgreens with Cornell Cooperative Extension

Tuesday, July 11 • 6:30-7:30pm In a few easy steps, learn how to grow super-flavorful, nutrient-dense, teeny-tiny plants for your table quickly, easily and inexpensively.



Bumbling Along with the Bumbling Bumble Bees

Wednesday, July 12 • 7:00-8:00pm

Learn the important roles of bees, how to discern honey bees and native bees from lookalikes and how to attract and support bee lifecycles through the use of plants to create habitats in the landscape.

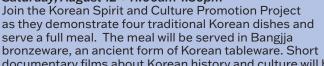
Fall Installed Pollinator Gardens zoom Thursday, August 3 • 7:00-8:00pm

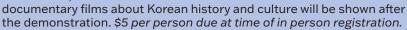
Learn which plants like to be planted or seeded in fall and what they will attract the following year. Plans for planting fall pollinator gardens to support pollinator lifecycles, late season pollinator activity, early season nectar sources and more!

COOKING

\$ Taste of Korea: Full of Wisdom & Nature

Saturday, August 12 • 11:00am-1:30pm





\$ Farm to Table with Rob Scott

Thursday, August 31 • 1:00-2:00pm

Chef Rob will demonstrate creative ways to use local fruits and vegetables. You'll have the opportunity to taste his creations, Zucchini and Corn Fritters and a Strawberry Crostini with Mascarpone Cheese and Balsamic Drizzle. \$8 per person due at time of in person registration.

JUST FOR FUN

Riverhead Chess Club Championship & Quads Saturday, July 15 • 9:30-4:00pm Open to all, this competitive chess tournament includes trophies, prizes, lessons and snacks. If you have a chess set, please bring it. For more information contact Henry (631) 968-5349.

Beach Scene Watercolor Painting Thursdays, July 13, 27 • 4:30-6:00pm Join Linda Nemeth in the Yellow Barn Courtyard to paint a seasonal beach scene with watercolors. Register to receive a supply list for the class.

Flashy Fish Earrings with Lisa Friday, July 21 • 1:00-2:00pm Join Lisa to make a pair of fish earrings for some summertime fashion flair. All supplies will be provided.

\$ Paper Flowers: Lavender Tuesday, August 8 • 1:00-2:30pm Casey Cunningham is back to teach you how to make your own paper lavender plant in a pot. \$5 per person due at time of in person registration.

Still Life Oil Pastels in the Courtyard

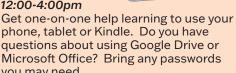
Thursdays, August 17, 24 • 4:30-6:00pm Using local Long Island produce as the subject matter, Linda Nemeth will show you how to create a still life using oil pastels. Register to receive a supply list for the class.

TECHNOLOGY

Drop-In Tech Help: Bring your Device Mondays

9:00am-12:00pm Tuesdays 9:00am-12:00pm





questions about using Google Drive or Microsoft Office? Bring any passwords you may need. zoom

Computer Security Monday, August 7 • 2:00-3:00pm Join SeniorNet to learn how to protect yourself against computer malware, spam, identity theft, and scams. This webinar is appropriate for both Windows and Mac operating systems.

Tech Help Appointments Call (631) 727-3228 ext. 301 to make an appointment for tech help.



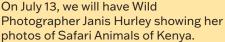


FRIENDS' MONTHLY MEETINGS: MONDAYS, JULY 10 & AUGUST 14 AT 1:00 PM (MEETINGS ARE SUBJECT TO CHANGE UPON NOTIFICATION)



Friends of the Riverhead Library Photography Club

Thursdays, July 13, 27 & August 10, 24 6:30-7:30pm





For up-to-date information on meetings, photo assignments, photo walks, workshops, and other events please visit our Facebook group https://www.facebook.com/groups/riverheadphotoclub and website https://friendsoftheriverheadlibrary.org/photo-club.



Friends of the Riverhead Library Travel Club

No meetings are scheduled for July or August. Join us in the Fall for **Dr. Marianne McNamara's** presentation "**Come Aboard!**

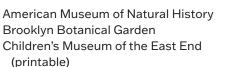
Whale Watching in Long Island Waters"; Ron & Claire's fabulous tour of Sicily; and Deborah Wetzel's wonderful river cruise from Budapest to Prague on the Danube River.





MUSEUM PASSES

Thanks to the generosity of the Friends of the Riverhead Free Library, the current list of passes may include:



Cradle of Aviation Museum
Fire Island Lighthouse
Guggenheim Museum
Long Island Science Center
Montauk Lighthouse Museum
Museum of Modern Art
New York Hall of Science
Parrish Art Museum
Vanderbilt Museum















2023 YELLOW BARN HOURS

Mondays, Wednesdays & Fridays: 9:00am-2:00pm

& Fridays:
9:00am-2:00pm
Saturdays, July 8 & August 12: 10:00am-2:00pm



ON DISPLAY



IN THE CASES

July/August - Beautiful and intricately crocheted items by Shanmatie Calderon.

IN THE GALLERY

July/August - Paintings by Wendy McLaughlin, a self taught artist who has received international recognition for her art.

Interested in displaying your artwork at the library?
The Overton Gallery and Display Cases highlight the talents
of local artists. If you are an artist interested in sharing your
talents, please contact Annette Cassidy annette4590@gmail.com
for the main floor Display Cases or Gena Harsch genaharsch@gmail.com.



Gulls at Union Dock in Center Moriches, NY by Wendy McLaughlin





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LIBRARY DIRECTOR

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ASSISTANT DIRECTOR

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****ECRWSS** POSTAL PATRON

HOURS:

Monday-Thursday: 9:00am to 8:00pm

Fridays: 9:00am to 5:00pm Saturdays: 9:00am to 5:00pm

The Library will be closed on: Tuesday, July 4 Monday, September 4

The Monthly Board of Trustees Meetings will be held on Wednesday, July 12 & August 9 at 6:30pm.

Use our QR code for easy access to our resources and programs. Just use your camera to scan the barcode.



SUMMER LIBRARY TOUR

Pick up your booklet starting July 1st at the Circulation Desk and let the adventure begin!

Visit public libraries all over Suffolk County.

Get your booklet stamped, see new sights, learn fun facts, and enter fun raffles! Prizes include Barnes & Noble Gift Cards and a Nook eReader.



ALIVE ON 25

Come visit our table, spin the wheel to earn a prize, and complete a craft.

Friday, June 30 Friday, July 14 Friday, July 28 Friday, August 11



CLUB CALENDAR



Weekly and Monthly clubs include the following:

BRIDGE - Mondays 1:00-4:00pm CHESS - Mondays 5:45-7:45pm

MAHJONGG - Wednesdays 1:00-3:00pm

STAMP CLUB - 2nd & Last Thursday 6:00-7:00pm

CANASTA - Fridays 1:00-3:00pm



Join your neighbors. Interested in something you don't see? Email us at adultprograms@riverheadlibrary.org