MAY / JUNE 2024

YOUR PLACE TO CONNECT

Registration Starts Friday, April 26

Connect. Learn . Explore

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AHEAD FREE AUTOR

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YOUTH & FAMILY . **SERVICES, PAGE 4**

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BUDGET VOTE PASSED, THANK YOU!

Cover photo by Kenneth Wong, Riverhead Free Library Photo Club Member, Hubbard Farm Stand

The mission of the Riverhead Free Library is to provide the diverse community it serves with access to ideas, information, and a variety of educational, cultural, recreational, and intellectual resources. The Library will do so in an inviting, accessible, and eco-conscious manner.

🚺 We 🎔 our Riverhead Community

• A Message to the Community



Thank you for supporting your library. The 2024-2025 budget was approved 236 Yes -- 105 No.

Congratulations to Mary Byrne McDonnell, Mitchell Hagler and Susan Bergmann for their election to the Riverhead Free Library Board of Trustees.

Join us on Wednesday, June 12 at 7 pm for our Annual Meeting to learn about what's happening at RFL.

We are grateful for Assemblywoman Jodi Giglio's support in securing grant in aid for \$20,000 to help fund a Library Maker Space. In this communal creative space that will offer a 3D



printer, craft and hardware supplies, electronics and more, you can use your imagination, share ideas and make DIY projects.

Come in and check out your library. We look forward to seeing you.

Kerrie McMullen-Smith, Library Director

ATTENTION EAST MORICHES, EAST QUOGUE, EASTPORT-SOUTH MANOR, REMSENBURG AND SPEONK SCHOOL DISTRICT PATRONS:

Each year on July 1, residents of these school districts may choose the Riverhead Free Library as their home library.

Get your RFL card by presenting a photo ID or other proof of residency with current name and address (postmarked mail, current utility bill, auto registration or insurance card, or lease, deed, tax bill or mortgage statement).

*All household members must be members of the same home library.

With Appreciation:

The Riverhead Free Library would like to express gratitude to:

Colleen Olsen for her donation of puzzles.

Woman's Club of Riverhead for their monetary donation to purchase a book in memory of Frances (Frit) Mapes.

Gloria Loper for her monetary donation to purchase a book in memory of Joan Troyan.

Helen Ruskowski for her book of Davis family genealogical lineage.

Franco Varuolo, Jennie Locicero and Francesca Varuolo-Vitale for their donation of headphones.

COMMUNITY SERVICES ~ Caring for our Community

Long Island Cares Mobile Food Assistance

Thursdays, May 2 & June 6 11:00am-12:00pm

Long Island Cares will supply prepackaged bags filled with non-perishable food items. No



identification is required to pick up your emergency supply of food. This is a walk-up service only.

* No Registration Required.

Island Harvest Food Distribution

Mondays, May 6 & June 3 • 9:00-11:00am

(While supplies last) Food assistance for seniors (60 & Older) and Veterans in the Library Parking Lot.



Suffolk County Office for the Aging - Senior Advocate Monday, May 13 • 10:00am-12:00pm

A Suffolk County Office for the Aging advocate will be available to meet with seniors one-on-one on a walkin basis to help them determine program eligibility, fill out various applications/forms and connect with appropriate services. No appointment required.

Veterans Resource Table

Wednesdays, May 15 & June 26 3:00-5:00pm



A Veteran peer mentor from the Joseph P. Dwyer Veterans Peer Support Project

will share resources for Veterans and their families.

HIICAP Free Health Insurance Counseling

Wednesdays, May 15 & June 12 • 9:30am-12:00pm To register for a ¹/₂ hour one-on-one appointment, call (631) 727-3228 ext. 301.

SNAP Counseling

Thursdays, May 23 & June 27 10:00am-2:00pm

Many families can use SNAP to assist in stretching their food budget, but are unaware that they qualify. To schedule an appointment, call or email Maria



Carvajal at (631) 579-7051 or mcarvajal@hwcli.com.

Shots for Tots

Wednesdays, May 29 & June 26 • 11:00am-3:00pm In addition to childhood vaccinations, the Suffolk County Department of Health will offer COVID vaccinations for all approved ages. This is for VFC/ VFA eligible patients only. For more details, call the Suffolk County Immunization Action Program at (631) 854-0222.

Stony Brook Healthy Libraries Program (HeLP):

Social Work Intern Tuesdays & Wednesdays The social work intern will be available to meet with patrons in-person.



Please call (631) 727-3228 ext. 301 to schedule an appointment.

Free to Low Cost Health Insurance

Need Health Insurance? Health & Welfare Council of Long Island's certified bi-lingual Healthcare Navigators can help you enroll in Medicaid, Child Health Plus and the Essential Plans and apply for a Qualified Health Plan, if eligible, for Special Enrollment. Eligibility based on household size and income. Call to schedule a phone appointment: (516) 505-4426.

Peconic River Cleanup Community Service Event Saturday, May 18 • 8:00am-12:00pm

For National **River Cleanup** Day 2024, join the Riverhead Rotary Club and other community



organizations to help keep the Peconic River litter free. Gloves and bags will be provided. Students will be awarded Community Service hours for participating in this day of environmental stewardship and community engagement. Register at RiverheadRotary.org.

New York Blood Center's Community Blood Drive Monday, June 10 • 12:00-6:00pm

Donate blood to help replenish New York's dangerously low blood supply. No appointment needed.



Call (631) 727-328 ext. 301 for more information about donating.

Senior Scam Prevention Seminar

Friday, June 14 • 10:00-11:00am Assemblywoman Jodi Giglio, in partnership with the Suffolk County



District Attorney present this important seminar for seniors. This seminar will teach you how to protect yourself from becoming a victim of financial exploitation.



Youth & Family

Unless otherwise noted, all classes for children from birth through Pre-K are intended for parents and children together. Classes for children in grades K-6 are intended for children on their own. **Please adhere to all posted age/grade requirements for programs or registration will not be valid.**

Summer Reading 2024 -Adventure Begins at Your Library

Registration begins on Saturday, June 22 Children from birth to finishing grade 12 may register in person or online. Readers will have the opportunity to earn virtual raffle tickets by joining one of the reading clubs below: *Children Summer Reading (Birth-Grade 5)* and Teen Summer Reading (Grades 6-12)



Patrons that register between June 22-June 29 will receive a Free Kids Meal for Moe's Southwest Grill. Moe's Southwest Grill will be here on Saturday, June 29 at our kickoff concert giving away chips and salsa to those that register.

FOR FAMILIES

Dinosaur Storytime

Wednesday, May 15 • 2:00-2:30pm For Families with Children in Preschool-Grade 1. Roar your way through a story and a craft.

Summer Reading Kickoff-Princess Concert and Sing-a-long

Saturday, June 29 • 11:00-11:45am For Families with Children of all ages. Join Royal Princess Prep for a magical concert and sing-a-long featuring princesses Elsa, Anna, and Belle as we kickoff Summer Reading!

INFANT, TODDLER AND PRESCHOOL (With a Parent/Caregiver)

Mother's Day Storycraft

Tuesday, May **7** • **2:00-2:30pm** For ages 3-5. Join in the fun, listen to a story and create a special craft for mom.

Toddlers Tango Wednesdays, May 8, 15, 22 11:00-11:45am

For ages 12-36 months. Join us as we clap our hands and stomp our feet in this interactive storytime.

Baby Music

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Friday, May 10, 31 10:30-11:15am

For ages 0-12 months. Come learn and play with your baby and other families with a similarly aged child! Participate in music and



sensory activities that are familiar and new to you and your baby!

STEAM Storytime *Tuesday, May* 14 5:30-6:00pm For ages 3-5.



Enjoy a story, participate in fun Science experiments, and take home your very own strawberry slime.

Sing, Sign, with Me Thursday, May 16 10:00am OR 12:00pm

For ages birth-5 years. Learn sign language in a meaningful and playful way with Registered and Licensed Occupational Therapist and Certified Signing Time Instructor, Lisamarie Curley.

Tiny Movers

Tuesday, May 21 • 11:00-11:40am For ages 18 months-4 years. Enjoy the benefits of stretching, dancing, and movement with your little one. This class will include breathing techniques and movements that can be modified for any level.

Construction Zone Tuesday, May 21, 28 2:00-3:00pm OR 5:30-6:30pm For ages 3-5 Drop-in to build ar

For ages 3-5. Drop-in to build and create with foam construction bricks.

Little Builders Tuesday, May 21 & June 11 5:30-6:00pm

For ages 3-5. Work with our LEGO Buddies and use LEGO's to build and learn about patterning and counting.

Sensory Playtime Wednesday, May 29 10:30-11:10am

For ages 2-5. A toddler-and-me session that blends nature, art, and sensory experiences.

Sprouts & Friends Thursday, May 30 10:30-11:15am

For ages birth-5 years. Sprouts & Friends is a music and movement program for families with children. Our mission is to create joy while we play, learn and grow together. Come ready to move and sing with your child.

Toddler Music

Wednesdays, June 5, 12, 26 11:00-11:40am

For ages 12 months-3 years. A high energy combination of body movements such as jumping and dancing, parent modeled movements, musical instruments and more!

INFANT, TODDLER AND PRESCHOOL CONTINUED (With a Parent/Caregiver)

Babies Boogie

Fridavs, June 7, 28 10:00-10:40am For ages birth-24 months. Dance, play, and sing with Nicole Sparling



during this fun and interactive music and dance class.

Banking on the Cupcake

Thursday, June 13 • 2:00-2:30pm For ages 3-5. Listen to some stories, sing a song, play a game and paint your own bank cupcake.

Dance With Me

Monday, June 17 • 10:00-10:45am

For ages 15 months-3 years. Come join Ms. Liz from Great South Bay Dance for creative movement dance activities!

Musical Kids

Tuesday, June 18 • 2:00-2:40pm

For ages 2.5-5 years. A high energy combination of body movements such as jumping and dancing, parent modeled movements, musical instruments and more!

Sensory Playtime

Monday, June 24 • 10:30-11:10am

For ages 2-5. A toddler-and-me session that blends nature, art, and sensory experiences.

SCHOOL AGE CLASSES

(K-5th grade) These classes are ALL in person. Registration is required.

LEGO Club

Tuesdays, May 7 & June 4 • 5:30-6:30pm (Grades 2-4) Get your brick on! Build your own creations or build as a team!

Mother's Day Pot Holders

Wednesday, May 8 5:15-6:00pm (Grades K-2) & 6:15-7:00pm (Grades 3-5) Celebrate Mother's Day by making a delightful, personalized pot holder!

Chess Club

Thursdays, May 9, 23 • 5:30-6:30pm (Grades 3-5) Thursdays, June 13, 27 • 5:30-6:30pm (Grades 3-5) Do you know how to play chess or have always wanted to learn? Come join us for Chess Club and learn how to play or improve your chess skills.

Slime Time: Spring Slime

Monday, May 20 5:30-6:00pm (Grades K-2) & 6:15-6:45pm (Grades 3-5) Springtime is blooming! Let's celebrate by making bright and cheerful slime in this spring-themed edition of our Slime Time series!

Little Builders

Tuesday, May 21 & June 11 • 5:30-6:00pm (Grades K-1)

Work with our LEGO Buddies and use LEGO's to build and learn about patterning and counting.

STEAM Club: Terrific Tinkers

Wednesday, May 22 • 5:30-6:00pm (Grades 1-3) Test your tinkering skills with us as we make wobble bots in this engineering edition of our STEAM Club series!



Paper Airplane Frenzy

Tuesday, May 28 • 5:30-6:30pm (Grades 3-6) Come design your very own paper airplane and fly it against others in head-to-head contests for farthest distance and longest flight time.

Pirate's Booty Zen Gardens

Wednesday, June 5 • 5:30-6:00pm (Grades 3-6) Even pirates need time to relax! Find your Zen by making a pirate treasure themed sand garden!

Hollywood Here We Come! Red Carpet Event

Saturday, June 8 • 11:00-11:40am (Grades K-2) Wear your Movie Star hat! Join us for a Hollywood Party! Show off your star qualities while having fun doing activities with your old and new friends.

Father's Day Mugs

Monday, June 10

5:30-6:00pm (Grades K-2) & 6:15-6:45pm (Grades 3-5) Make the perfect gift for Father's Day by designing your very own coffee mug!

Explorer Safety Necklaces

Wednesday, June 12 • 5:30-6:00pm (Grades K-3) Get ready for a summer of exploration by designing your very own safety necklace, complete with a flashlight and compass!

Hoist Yer Colors!: A Pirate Flag Workshop

Thursday, June 20 • 5:30-6:30pm (Grades 3-5) Any pirate worth their salt knows that they need a flag that strikes fear into the hearts of their enemies! Come by and create your own pirate flag to take home.

STEAM Club: Science Pirates

Wednesdays, June 26, July 24 & August 21 5:30-6:00pm (Grades 1-3)

Join us on a swashbuckling adventure through science in this special three-part pirate edition of our STEAM Club series!

June 26: Mini Pom-Pom Cannons

July 24: Fizzing Hidden Treasure Rocks August 21: Bottle Cork Pirate Ships



TEEN AND TWEEN DROP-INS

(Grades 4-12)

Star Wars



Origami Bookmarks

Saturday, May 4-Saturday, May 11 May the 4th be with you! Celebrate Star Wars with your own cute DIY bookmarks.

Pride Sunglasses

Monday, June 3-Saturday, June 8 Show off your pride! Make and take your own pair of rainbow sunglasses up in the Teen Loft.

Message in a Bottle

Monday, June 24-Saturday, June 29

Create your very own Pirate themed Message in a Bottle in the Teen Loft. Fill your bottle with a handwritten message and seal bottle with cork and nautical theme charm.

TEEN LOFT

(Independent Programs for Grades 6-12)

Summer Reading 2024 -Adventure Begins at Your Library

Registration begins on Saturday, June 22 Teens going into grade 6- finishing grade 12 may register in person or online. Readers will have the opportunity to earn virtual raffle to win prizes by joining our Teen Summer Reading Challenge.

Tabletop Thursdays

Thursdays, May 16 & 30 & June 6 & 20 5:00-6:30pm

Live action role playing tabletop games for those who love Dungeons and Dragons. From Fantasy to Mystery games.

Teen Drama Llamas

Thursdays, May 23 & June 27 • 5:30-6:30pm Have a flair for the dramatic? Bring some friends and get ready to perform scenes from your favorite TV shows!!

Cricut Tumblers

Monday, June 3 • 5:00-6:00pm

Get ready for the warmer weather and come create your summer tumblers using personalized vinyl designs from the Cricut.

Mothman in Love: A Cryptid Breakout Game

Friday, June 28 • *3:30-4:30pm* Puzzle solvers and cryptid fans wanted! Join us for an interactive story game as we help Mothman on his otherworldly romantic journey.



COMMUNITY SERVICE OPPORTUNITIES

Teens attend these programs by themselves.

Teen Leaders

We are looking for teen leaders in grades 10-12 to assist the Youth Services Department in planning and implementing library sponsored events as well as providing input on services for teen programs and spaces. If you are interested please see a librarian at the Teen Reference Desk for an application.

LEGO Buddies

Tuesdays, May 7 & May 21 & June 4 & June 11 5:30-6:30pm (Grades 8-12) Volunteer in our LEGO Club to help littles build their creations. **Participants will earn 1 hour of** *community service.*

Charity Buttons

Wednesday, May 8 • 5:30-6:30pm

Custom Buttons are the perfect way to get people to take notice of a cause. Join us as we create a variety of sizes and shapes for causes that are important to our community. **Receive 1 hour of community service and grab the attention of others with these fun buttons for a cause.**

College Essay Writing Clinic Tuesday, May 14

6:00-7:00pm (Grades 9-12) Gearing up to apply to colleges? Working on your application at this very moment? Just want to brush up on your writing skills? Our college essay clinic will point you in the right direction. **Participants will** earn 1 hour of community service.



Teen Advisory Board

Saturday, May 18 • 11:00am-12:00 pm Join our teen volunteers to brainstorm new program ideas. What do YOU want to see from your teen department? Snacks will be provided. Participants will earn 1 hour of community service.

Teen Loft Decor Renovation

Tuesday, June 18 • 4:30-6:30pm Help beautify our library! Become a teen volunteer and decorate windows in the teen loft for the spring **Participants will earn 2 hours of community service.**

There are other ways to give back to your community! Check out the Teen Services page on our website for more details.







Call (631) 727-3228 or visit our website at riverheadlibrary.org to register for programs that do not have a fee. Register in-person at the front desk for all programs with a fee. Payment is due at the time of registration. Registration fees are non-refundable unless the library cancels the program.

BOOKS AND BEYOND

Vintage Vignettes: **Historical Fiction Club**

Thursday, May 23 1:00-2:00pm The Last Dress From Paris by Jade Beer Thursday, June 27 700m 1:00-2:00pm An American Beauty by Shana Abe



Booked for Lunch Club

Bring your own lunch to eat while discussing popular book titles. Saturday, May 25 • 12:00-1:00pm The Nickel Boys by Colson Whitehead Saturday, June 29 • 12:00-1:00pm The Book Eaters by Sunyi Dean



COLSON WHITEHEAD BOOK EATERS NICKEL BOYS



Thursday, May 16 • 6:00-7:00pm The Long March Home author, Tosca Lee will Zoom into the discussion!

IN COMMEMORATION OF...

Asian American and Pacific Islander Heritage Month

S The Art of Ka-Do: Ikebana-Japanese Flower Arranging

Wednesday, May 8 • 12:00-1:00pm Hiroko and Gerard Senese of the Japan Center at Stony Brook University demonstrate the different styles of Japanese flower arrangements. Participants will create their own lkebana to take home. Registration is required. \$5 per person due at the time of in-person registration.

Holocaust Remembrance Day

Holocaust Remembrance Day Monday, May 6 • 6:30-7:30pm

To commemorate the millions of lives lost, we will read from the writings of those who witnessed the horrors. Presented by the Heart of Riverhead Civic Association.

Memorial Day

Unbroken Movie Viewing Friday, May 24 • 1:30-4:00pm

Unbroken tells the story of olympian and war hero Louis Zamperini who survived in a raft for 47 days after a near-fatal plane crash in WWII, only to be caught by the Japanese Navy and sent to a prisonerof-war camp.

Mother's Day

Paper Flowers: Mother's Day Violets Monday, May 6

2:00-3:30pm Create a pot of paper African Violets for Mother's Day with Casey Cunningham.

Mother's Day Earrings with Lisa Friday, May 10 • 1:00-2:00pm



Pride Month: June

Oueer Pride on the Lower East Side

The Long March Home



Wednesday, June 5 7:00-8:00pm

From secret lives rediscovered to famous activists and organizations, join a Tenement Museum Educator for an exploration of the LGBTQIA+ history of the Lower East Side.

Pride without Prejudice



Saturday, June 15 2:00-3:00pm

Get ready for the Greenport Pride Parade (6/22/24) with rainbow crafts and spirited conversation. (Pre-registration requested, but not required.) Presented by the Heart of Riverhead Civic Association.

DEFENSIVE DRIVING

S Defensive Driving Courses Saturday, May 18 • 9:30am-3:30pm Thursday, May 30 • 9:30am-3:30pm Saturday, June 15 • 9:30am-3:30pm Thursday, June 27 • 9:30am-3:30pm

payable to Empire Safety Council.)

On the day of the class, bring your driver's license and

can be made using cash, check or money order made

payment to be given to the instructor. **Fee \$33.** (Payment



\$ Curso de **Manejo Defensivo** sábado, 4 de mayo 9:30am-3:30pm



Llegen 15 minutos antes del curso con su licencia de conducir y un cheque pagado directamente a Empire Safety o dinero en efectivo, para ser entregado al instructor el día de la clase. Cuota \$35.



CAREER CENTER

Career Advising

Wednesdays, May 8 & June 12 • 9:00am-12:00pm Help searching for a job, writing a resume, or preparing for an interview. Career Advisor Lisa Owens is here to help you explore your career options in a 1/2 hour virtual or phone appointment.

SCORE Free Individualized Business Counseling Fridays, May 10 & June 14



10:00am-1:00pm Meet with former business executive Ron Breuer for mentoring and advice for

AREER

Medicine

AMERICA

zoom

small business owners and entrepreneurs. SCORE is a resource partner of the U.S. Small Business Administration (SBA). Call to schedule a 1/2 hour inperson or virtual appointment 631-727-3228.

Career Counseling

Fridays, May 10, 17 & June 14, 21 • 2:00-4:00pm Meet with a certified Workforce Development Specialist in our Career Center who will assist you with your job search, interviewing

skills and resume preparation. Call (631) 727-3228 ext. 301 to schedule a ¹/₂ hour in-person appointment.

Stony Brook Medicine Job Fair

Tuesday, May 14 • 3:00-7:00pm Join us and hear about jobs that provide Stony Brook opportunities for growth and the ability to make a difference in the lives of others.

Start-Up Guide for New Entrepreneurs

SBDC Wednesday, June 5 • 6:00-7:00pm NEW YORI A Stony Brook Small Business Development Center advisor will present this workshop to help you learn about registering your business, choosing the right structure, creating a business plan, getting financing and setting up accounting systems.

FINANCIAL LITERACY

Probate, Taxes and Asset Protection 101 Monday, May 13 • 1:30-3:00pm

Britt Burner, Esg. of Burner Prudenti Law P.C. discusses the importance of Estate Planning documents, the process of probate and common misconceptions in Trusts and Estates.

Unclaimed Funds: It's Your Money. Get it Back.

Wednesday, May 22 • 1:00-2:00pm The NYS Office of the Comptroller will teach you how to search for and claim funds you may be owed.

Electric Vehicles 101

Wednesday, May 22 • 6:00-7:30pm 🔒 **Drive Electric** Learn the basics about electric vehicles with the opportunity to ask current EV owners why they chose to go electric and what it's really like to drive an EV. This event is co-sponsored by the Town of Riverhead's Clean Energy Community Program and Drive Electric LI.



New York State Safe Boating Certification Course

Saturday, June 22 • 9:00am-4:30pm Assemblywoman Jodi Giglio will be sponsoring this 1-Day NYS Safe Boating Certification Course, offered by Safe Boating America. Pre-registration is required and seating is limited. With the discount offered through Assemblywoman Giglio's office, the fee for the course is \$60 and registrants must be a minimum of 10 years of age. Upon successful completion, participants will be issued a New York State Boating Safety Certificate.

TECHNOLOGY

Drop-In Tech Help: Bring your Device

Mondays • 9:00am-12:00pm Tuesdays • 9:00am-12:00pm Wednesdays • 2:00-5:00pm

Get one-on-one help learning to use your phone, tablet or Kindle. Do you have questions about using Google Drive or Microsoft Office? Bring any passwords you may need.

Tech Help Appointments

Call (631) 727-3228 ext. 301 to make an appointment for tech help.



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LANGUAGE LEARNING

Italian Dialogue, Grammar & Culture Wednesdays, May 1, 8, 15 & June 5, 12, 26 • 4:00-5:30pm

Conversational Spanish Thursdays, May 2, 9, 16 & June 6, 13, 20 • 4:00-5:30pm

Conversational German Fridays, May 3, 10, 17, 24, 31 & June 7, 14, 21, 28 10:00-11:15am

Intermediate German

Tuesdays, May 7, 14, 21, 28 & June 4, 11, 18, 25 9:45-11:00am

Conversational French and Culture Tuesdays, May 21, 28 & June 4, 11, 18, 25

IN F	ERSON
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zoom

zoom

11:00am-12:00pm Join France Landro to practice French conversational skills, brush up on grammar skills and learn about French culture.

Citizenship Test Study Group



Wednesdays • 6:00-7:30pm Dr. Regina Robin provides drop-in assistance to individuals preparing to take the US Citizenship test. Please call the Reference Desk if you would like to meet with her. (631) 727-3228 ext. 301.

STAY HEALTHY

PBMC Health Talks

zoom

PBMC Health Talks feature medical professionals

who provide expert information about health issues and health care available for the Riverhead Community.

Peconic Bay Medical Center Northwell Health*

HEARING CENTERS

Stroke Awareness

Friday, May 10 • 12:00-1:00pm

Better Hearing Month: Free Hearing Screening

Thursday, May 9 12:00-2:00pm McGuire's Hearing Centers staff will provide

free hearing screenings and video otoscopy. No registration required.

zoom **Benefits of** Volunteering Thursday, May 9 6:00-7:00pm

Willing Hearts Helpful Hands

Volunteering is a proven antidote for loneliness.

Join the Willing Hearts, Helpful Hands Caregiver Grant team as they expound on the numerous benefits of volunteering.

Cornell Cooperative Extension Community Educators present the following programs sponsored by **Suffolk County**

Lions Diabetes Foundation:

Shop Smart Diabetes Friday, May 17 12:00-1:00pm



During this workshop you will learn how to navigate the aisles in your supermarket while developing strategies for better managing your diabetes.

Dining with Diabetes Friday, June 21 • 12:00-1:00pm



This interactive workshop will provide opportunities to practice with actual restaurant menus as you gain additional strategies for selecting healthy meal options.

Stony Brook Southampton

Stony Brook Southampton Hospital

Hospital & East End Libraries Present

zoom Osteoporosis Thursday, May 16 • 12:00-1:00pm

zoom Ticks & Tick Borne Diseases-What You Need to Know! Thursday, June 20 • 12:00-1:00pm



GET FIT

2:00-3:00pm

Mat Pilates with Leisa Mondays, May 6, 20 & June 3, 10, 17, 24 • 10:00-11:00am

30 Minute Reiki Circle with Machi Mondays, May 6, 13, 20 & June 3, 10, 24 • 7:00-7:30pm

Tai Chi with Denise Mondays, May 6, 13, 20 & June 3, 10, 17 • 4:00-5:00pm

Virtual Breathe Together with Charyl Tuesdays, May 7, 14, 21, 28 & June 4, 11, 18, 25 10:00-10:25am

Tai Chi for Arthritis and Falls Prevention

& June 4, 6, 11, 13, 18, 20, 25, 27



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Virtual and In-Person **Chair Yoga with Susan** Thursdays, May 2, 9, 16 &

June 6, 13, 20 11:00am-12:00pm



Virtual Zumba Gold with Irina



Fridays, May 10, 17, 24 & June 7, 14, 21 10:00-11:00am Classes will be conducted virtually, but you may choose to join others, in-person, as we

project Irina's classes on the screen.

Virtual zoom **Meditation** Classes with Susan Wednesdays, May 29 & June 26 7:00-8:00pm



zoom

Virtual Body Sculpting with Claire Tuesdays & Thursdays, May 2, 7, 9, 14, 16, 21, 23, 28, 30 & June 4, 6, 11, 13, 18, 20, 25, 27 • 9:00-10:00am

Tuesdays & Thursdays, May 7, 9, 14, 16, 21, 23, 28, 30

LEARN SOMETHING NEW

Best Management Practices in the Landscape Thursday, May 2 • 7:00-8:00pm

Learn best landscape management practices including plant and material selection, fertilization, proper pruning, use of native plants and water conservation.

How to Manage Your Paper (Without Losing Your Mind) Wednesday, May 15 • 7:00-8:00pm

Learn techniques to easily manage incoming mail and paperwork that has piled up, find documents for filing taxes without stress and maintain and follow a simple filing system that works.

Using Them Up:

How the World Makes Leftovers Taste Like New Friday, May 17 • 7:00-8:00pm

NYC-based food waste advocate and culinary historian, Jacquelyn Ottman will empower you to shop your refrigerator and transform what's left over from last night's dinner into something new and delicious.

Feathers In The Water...Waterbirds of Long Island! *Tuesday, June 4* • 6:00-7:00pm

Swimmers? Waders? Herons, sandpipers, plovers and more! Long Island attracts an abundance of birds that need water to thrive. Dianne Taggart, long time LI birder, will show photos of these beautiful birds and share fun facts that make these birds so interesting.

A Day at the Races: The History of Belmont Tuesday, May 21 • 7:00-8:15pm

Belmont Park, the iconic thoroughbred horse racing facility located in Elmont, NY has a storied past. Learn more about Belmont's history, its luminaries and unique contributions to the horse racing world.



Sisters in the Wind...the Road Less Traveled Thursday, June 13 • 7:00-8:00pm

In the late 1800s certain adventurous women chose a different path to freedom and independence by riding bicycles and motorcycles. Learn how these machines challenged social mores and led to a change in how society viewed women.

SENIOR SOCIALS



Registration is required for all socials!

Senior Lunch Social Wednesday, May 1 • 1:00-3:00pm Dark Horse Restaurant, 1 E. Main St., Riverhead

Senior Dinner Social *Wednesday, May 22 • 5:30-7:30pm Maple Tree BBQ, 820 W. Main St., Riverhead*

Senior Lunch Social Wednesday, June 12 • 1:00-3:00pm Cucina 25, W. Main St. #2802, Riverhead

Senior Dinner Social Wednesday, June 26 • 5:30-7:30pm Rocco's, 1285 Old Country Rd., Riverhead



Getting Started in Genealogy Wednesday, May 15 • 10:00-11:00am

Ready to start researching your family ancestors? This class will illustrate helpful skills and available resources you will need to begin your research and start your family tree.

Where to Find Those Family Records Wednesday, May 22 10:00-11:00am

Learn where and how to access family records through examples of



records found in archives and genealogy websites. How to organize your findings and make connections with other researchers will also be discussed.

Municipal Archives of New York City Wednesday, May 29 10:00-11:00am The NYC Municipal Archives are a valuable source for researching vital



(birth, marriage and death) records. Find out what other records are available at the archives, including the history of Ellis Island and an actual Family Case Study.

JUST FOR FUN

\$ Strawberry Festival Bread with Rob Scott

Friday, June 21 • 2:30-3:30pm

Please bring to class a 9x5 loaf pan, 1 large bowl, 1 medium bowl, a whisk, a rubber spatula and a small container with a lid. (\$5 per person due at the time of *in-person registration.*)

Chess Tournament

Saturday, June 22 • 9:30am-4:00pm This competitive chess tournament includes trophies and snacks. Registration is required to play. To register, call Henry Despres (631) 968-5349.



GET TOGETHER

Structures of Sound

Wednesdays, May 15, 29 & June 12, 26 5:30-6:30pm



Writer's Workshop: The Fiction Factory Tuesdays, May 14, 28 & June 11 5:30-7:30pm



Poetry Street: The Room Without a Roof Where Every Voice is Heard *Saturdays, May 25 & June 29 • 2:00-4:00pm*







Friends of the Riverhead Library Photography Club

Thursdays, May 9, 23 & June 13, 27 6:30-7:30pm

For up-to-date information on meetings, events, photo walks, assignments and photo trips, please visit our Facebook group https:// www.facebook.com/groups/ riverheadphotoclub, website riverheadphotoclub.org or Riverhead Library page https://



riends

friendsoftheriverheadlibrary.org/photo-club/

Friends of the Riverhead Library Travel Club



Thursdays, May 2 & June 6 • 6:30-7:30pm

On May 2nd, Bob Verbesey will return with another World Travel Trivia Quiz featuring sites from every continent. Please contact Claire Ondrovic rhosereo@optonline.net if you have a presentation you would like to share.

ON DISPLAY

IN THE SHOWCASE



May - Sculptures by local artist Linda Nemeth. **June** - **Juneteenth** Curated by AAECF Young Men Transitional & Mentoring Group.

IN THE OVERTON GALLERY

May - Local artist Linda Nemeth. **June** - Local artist Eileen Kelly.

If you are interested in sharing your talents and passions in the Showcase or Overton Gallery, please contact the Director, Kerrie McMullen-Smith kerrie.mcmullensmith@riverheadlibrary.org.

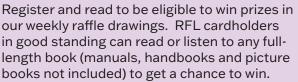
Piano Plus Concert: Maxim Anikushin, Pianist

Saturday, June 1 • 2:00-3:00pm Dr. Anikushin has appeared as a piano soloist in such world famous New York venues as Carnegie Hall and Merkin Hall. His most notable concert at Carnegie Hall featured the music

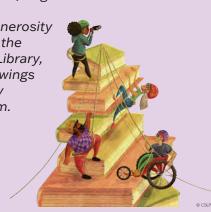
of composer Samuel Barber. This Piano Plus Concert is not to be missed.

Friends

ADVENTURE BEGINS AT YOUR LIBRARY: 2024 ADULT SUMMER READING RAFFLE JUNE 15 – AUGUST 9



Thanks to the generosity of the Friends of the Riverhead Free Library, weekly raffle drawings will be held every Friday at 12:00pm. The Grand Prize drawing will be held on Friday, August 9.



YELLOW BARN HOURS:

Mondays, Wednesdays & Fridays 9:00am-2:00pm

Saturdays, May 18 & June 22 10:00am-2:00pm





MUSEUM PASSES

Thanks to the generosity of the Friends of the Riverhead Free Library, the current list of passes may include:



Passes are subject to availability.





Friends



330 Court Street, Riverhead, NY 11901

Phone: 631-727-3228 Fax: 631-727-4762

www.riverheadlibrary.org

LIBRARY DIRECTOR Kerrie McMullen-Smith

ASSISTANT DIRECTOR Catherine Montazem

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CURBSIDE SERVICE AT RFL

Curbside service continues. If you would like Library staff to bring holds to your car, it's easy to organize. Once you have received notice that your holds are ready for pick up, you can make a reservation by calling 631-727-3228 ext. 305 or 135. When you arrive, park in one of our marked curbside spots. Then, call to let us know you are here. We'll be right out.

HOURS:

Monday-Thursday: 9:00am to 8:00pm Fridays: 9:00am to 5:00pm Saturdays: 9:00am to 5:00pm

The Library will be closed on: Monday, May 27 Wednesday, June 19

The Monthly Board of Trustees Meetings will be held on Wednesdays, May 8 & June 12 at 6:30pm. The Annual meeting will take place on Wednesday, June 12 at 7:00pm.

Use our QR code for easy access to our resources and programs. Just use your camera to scan the barcode.



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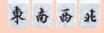
****ECRWSS** POSTAL PATRON

CLUB CALENDAR

Weekly and Monthly clubs include the following:

BRIDGE - Mondays 1:00-4:00pm CHESS - Mondays 5:45-7:45pm MAH JONGG - Wednesdays 1:00-3:00pm STAMP CLUB - 2nd & Last Thursday 6:00-7:00pm CANASTA - Fridays 1:00-3:00pm





Join your neighbors. Interested in something you don't see? Email us at adultprograms@riverheadlibrary.org

BOOKS-BY-MAIL is a free service that delivers large

print books and audiobooks on CD through the US Postal Service to homebound eligible RFL cardholders who are unable to visit the library because of a temporary or long-term physical disability. Call 631-727-3228 ext. 301 for more information. If you qualify, an application will be mailed to you.



DISCOUNTED AQUARIUM TICKETS ARE AVAILABLE FOR SALE AT THE LIBRARY'S CIRCULATION DESK FOR \$27 EACH.



Riverhead Free Library reserves the right to use photographs/videos taken at events for use on our website, publications and social media.